

Sponsored by: Friends of The Beaches School and Jump PT

Summer Personal Training Programs

Cardio Core Bootcamp Nutrition Yoga

Hosted by:



The Beaches School Jump PT First Christian Sportsplex

Session I June 13 – July 8

9:30 – 10:30 M/W The Beaches School

\$100 per 4 week session

10:30 – 11:30 T/TH First Christian Church of the Beaches

Session II July 11 – Aug 4

9:30 – 10:30 M/W The Beaches School

10:30 – 11:30 T/TH Sportsplex *\$120 per 4 week session (Sportsplex)*



Contact:

Scott for further info 249-0905 or email admin@thebeachesschool.com

Visit: TheBeachesSchool.com for program information.



Send to 2049 Florida Blvd / Neptune Beach, FL 32266

Name _____

Age _____

Address _____

Phone# _____

Emergency Contact _____

Phone# _____

Session I The Beaches School

First Christian Church

Session II The Beaches School

Sportsplex (\$120)

Amount due \$100 per session

\$120 per session (Sportsplex)

Check Amount \$ _____